

## All About the Bass

Meghan Trainor  
*Easy Intermediate*

choreography: Ian Enriquez  
[ian@barbarycoast.org](mailto:ian@barbarycoast.org)

*wait 32, left foot lead*

### **A:**

- |           |                |                 |
|-----------|----------------|-----------------|
| (4)       | Mountain Basic | Sto-DSl-DS-RS   |
| (4)       | Fancy Double   | DS-DS-RS-RS     |
| (4)-<br>2 | Trigger*       | DS-DS-HlSn-HlSn |
| (4)-      | 2 Reaches      | DS-Tp(xb)Sl     |
| (8)       | 2 Slur Vines   | DS-SlurSt-DS-RS |

### **B:**

- |     |                |  |
|-----|----------------|--|
| (8) | Long Slur Vine | DS-SlurSt-DS-DS-SlurSt-DS-DS-RS          |
| (8) | Football       | DS-KSl-RS-KSl-RS-DS-RS-KSl               |
| (8) | Long Slur Vine |  |
| (4) | Pivot 2x       | St(f)-Pvt(1/2R)                          |
| (4) | Jump Clap      | Jp(a)-Clap(or touch ground)-Jp(tog)-Clap |

### **C:**

- |       |                 |                        |
|-------|-----------------|------------------------|
| (8) - | Cha Cha 2x      | p R(f)-p St(b)-p St-RS |
| (4) 4 | Brush & Turn    | DS-BrSl(1/4L)-DS-RS    |
| (4) - | Run Stamp Basic | DS-StaSl-DS-RS         |

### **D:**

- |            |              |                                    |
|------------|--------------|------------------------------------|
| (4) -<br>4 | Roach Killer | DS- <u>StaSl-StaSl-StaSl(1/4L)</u> |
| (4) -      | Grasshopper  | DS-TchSl-Tch(xf)Sl-BaBa            |

### **Repeat B, C**

- |            |                    |            |                                   |
|------------|--------------------|------------|-----------------------------------|
| <b>D+:</b> | <b>[Repeat 4x]</b> | (4)        | Roach Killer (1/4L)               |
|            |                    | (4)        | Grasshopper                       |
|            |                    | (4) -<br>2 | Slur Vine                         |
|            |                    | (4) -      | Charleston DS-Tch(f)Up-To(b)Hl-RS |

- |            |       |                                    |
|------------|-------|------------------------------------|
| <b>C-:</b> | (8) - | Cha Cha 2x                         |
|            | (4) 2 | Brush & Turn (1/2L)                |
|            | (4) - | Run Stamp Basic (drop final Basic) |

\*Optional flair- 1st Trigger: DS-DS-Hl(tw,o)Sn-Hl(tw,o)Sn 2nd Trigger: DS-DS-Hip(L)-Hip(R)